

Biblical Prayer





What I Want to Discuss

Who to Pray to

Why to Pray

How to Pray

When to Pray

Where to Pray

What to Pray

Important Conditions

Proverbs 28:9 He that turneth away his ear from **hearing the law**, even his prayer shall be abomination.

Proverbs 15:8 The sacrifice of the wicked is an abomination to Yahovah: but the prayer of the **upright** (*H3477 yashar - that which is righteous or pleasing to God*) is his delight.

2Chronicles 7:14 If my people, which are called by my name, shall **humble themselves**, and **pray**, and **seek my face**, and **turn from their wicked ways**; **then will I hear** from heaven, and will forgive their sin, and will heal their land.



<https://www.blessitt.com/?s=positions+of+prayer>

I will put this link in the chat.

Please copy and paste it into a browser, and then bookmark to save for later. It is a 6-part series with hundreds of verses on this topic that I found during research for this presentation.



What I Want to Discuss

Who to Pray to - **The Father**

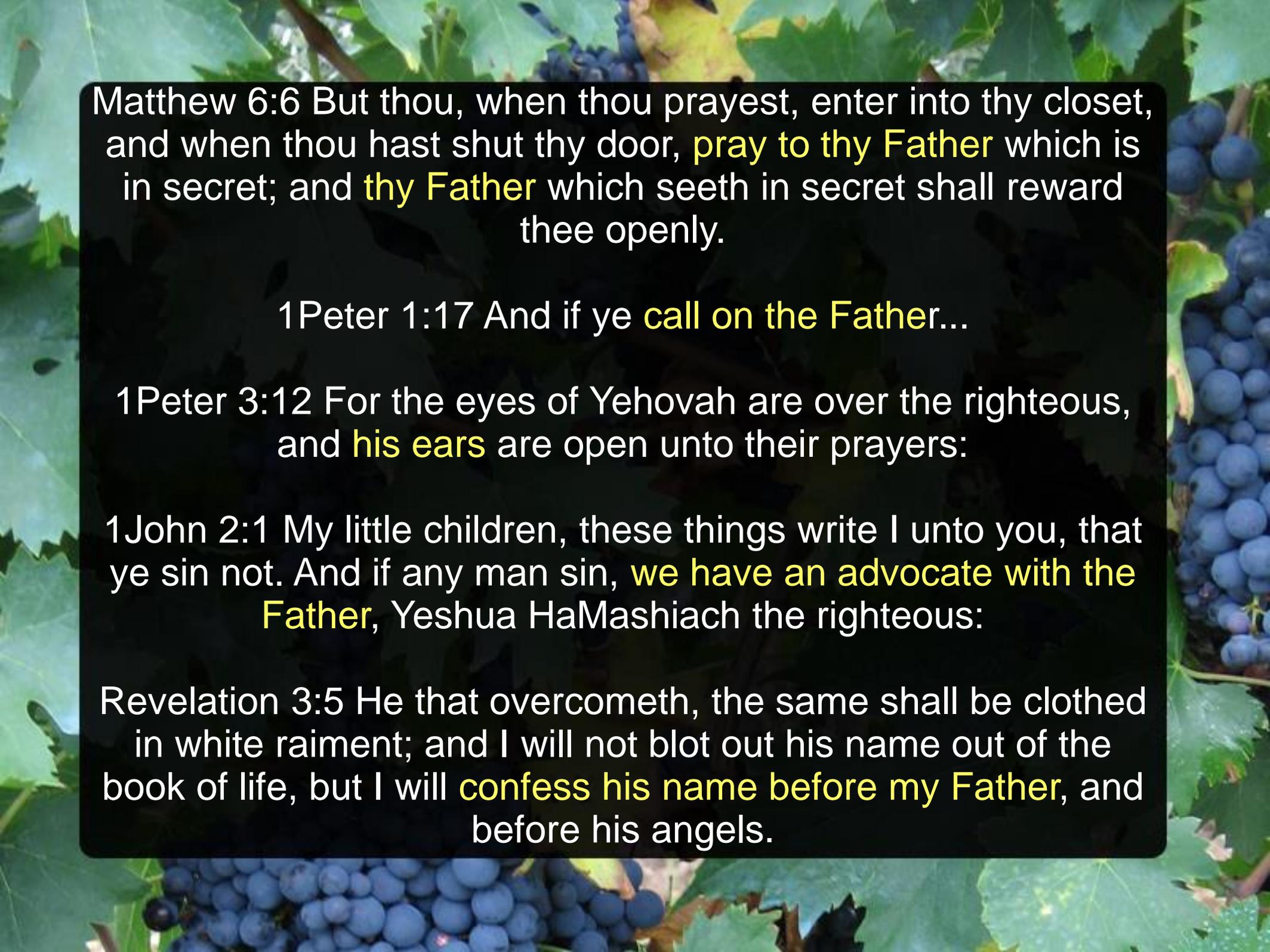
Why to Pray

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Matthew 6:6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, **pray to thy Father** which is in secret; and **thy Father** which seeth in secret shall reward thee openly.

1Peter 1:17 And if ye **call on the Father**...

1Peter 3:12 For the eyes of Yehovah are over the righteous, and **his ears** are open unto their prayers:

1John 2:1 My little children, these things write I unto you, that ye sin not. And if any man sin, **we have an advocate with the Father**, Yeshua HaMashiach the righteous:

Revelation 3:5 He that overcometh, the same shall be clothed in white raiment; and I will not blot out his name out of the book of life, but I will **confess his name before my Father**, and before his angels.

Who **Not** to Pray To

The Creation - Gaia, Rock and Stone, Rivers, Trees

Host of Heaven- Sun, Moon, and Stars

Other Gods

Idols - Statues, Crosses, Beads, Image of Jesus

Angels - Fallen or Otherwise

Man - Pope, Ancestors, Saints

Mary



What I Want to Discuss

Who to Pray to

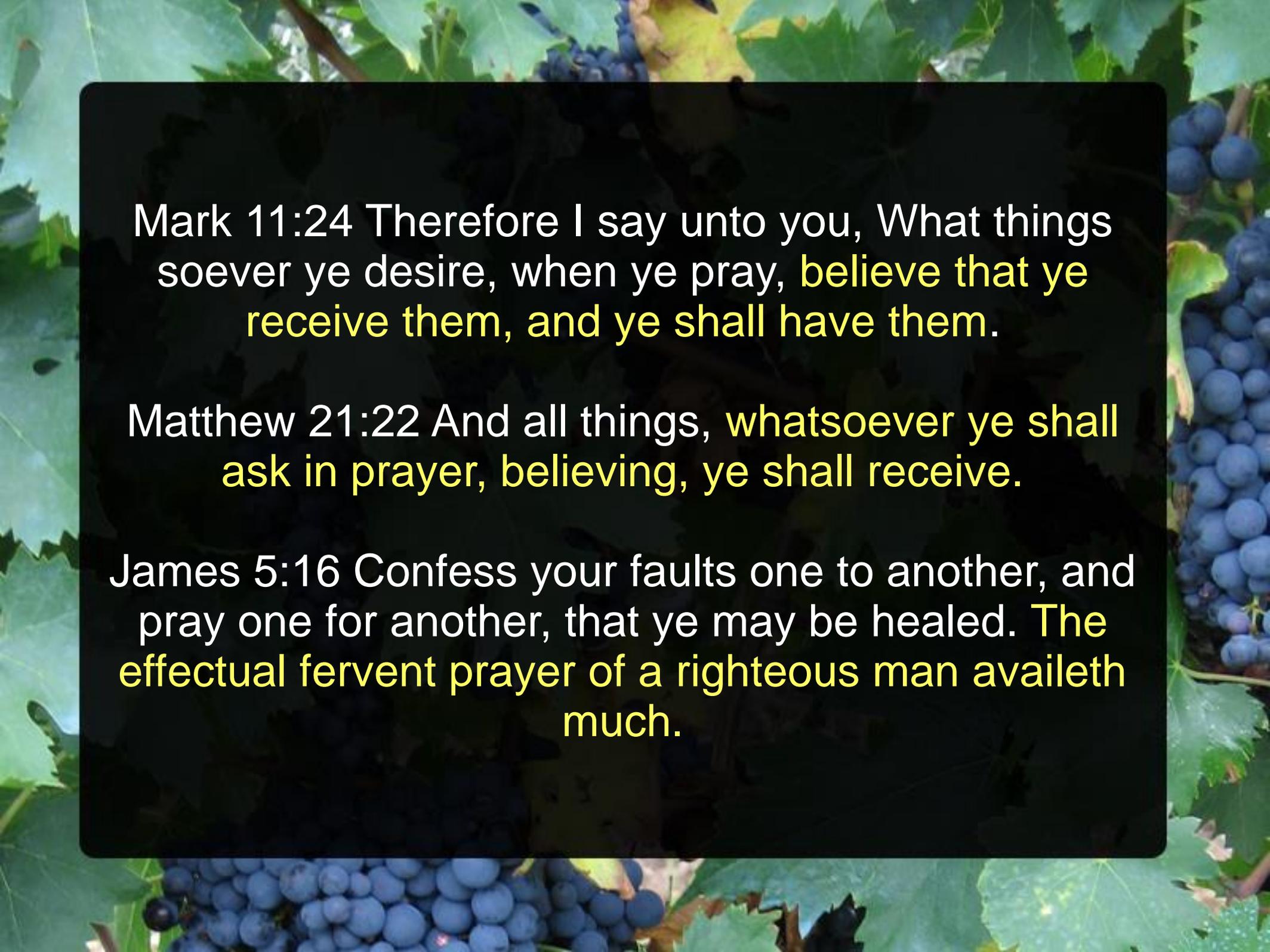
Why to Pray - **It Works**

How to Pray

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What to Pray



Mark 11:24 Therefore I say unto you, What things soever ye desire, when ye pray, **believe that ye receive them, and ye shall have them.**

Matthew 21:22 And all things, **whatsoever ye shall ask in prayer, believing, ye shall receive.**

James 5:16 Confess your faults one to another, and pray one for another, that ye may be healed. **The effectual fervent prayer of a righteous man availeth much.**



What I Want to Discuss

Who to Pray to - The Father

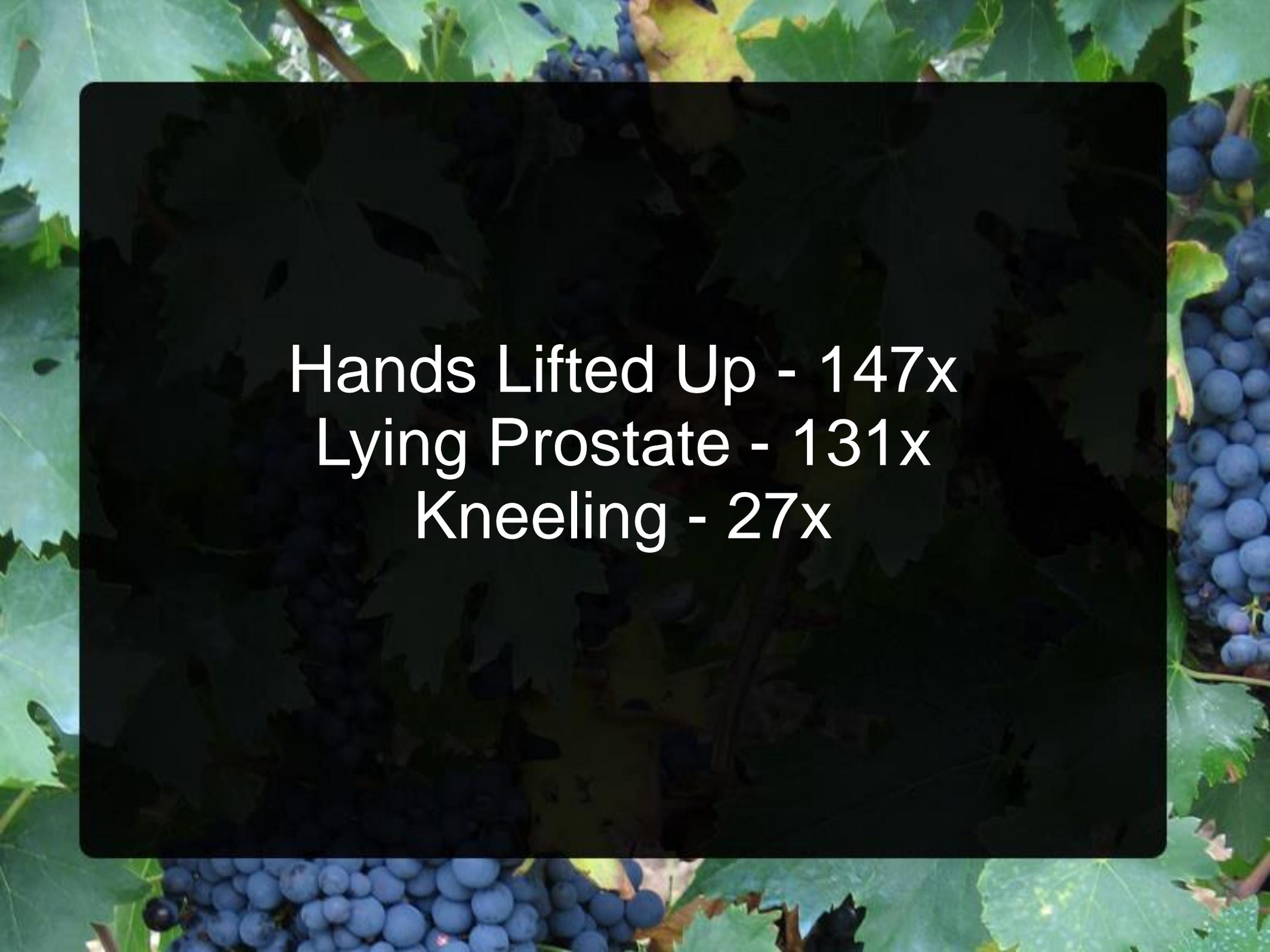
Why to Pray - It Works

How to Pray - **Posture**

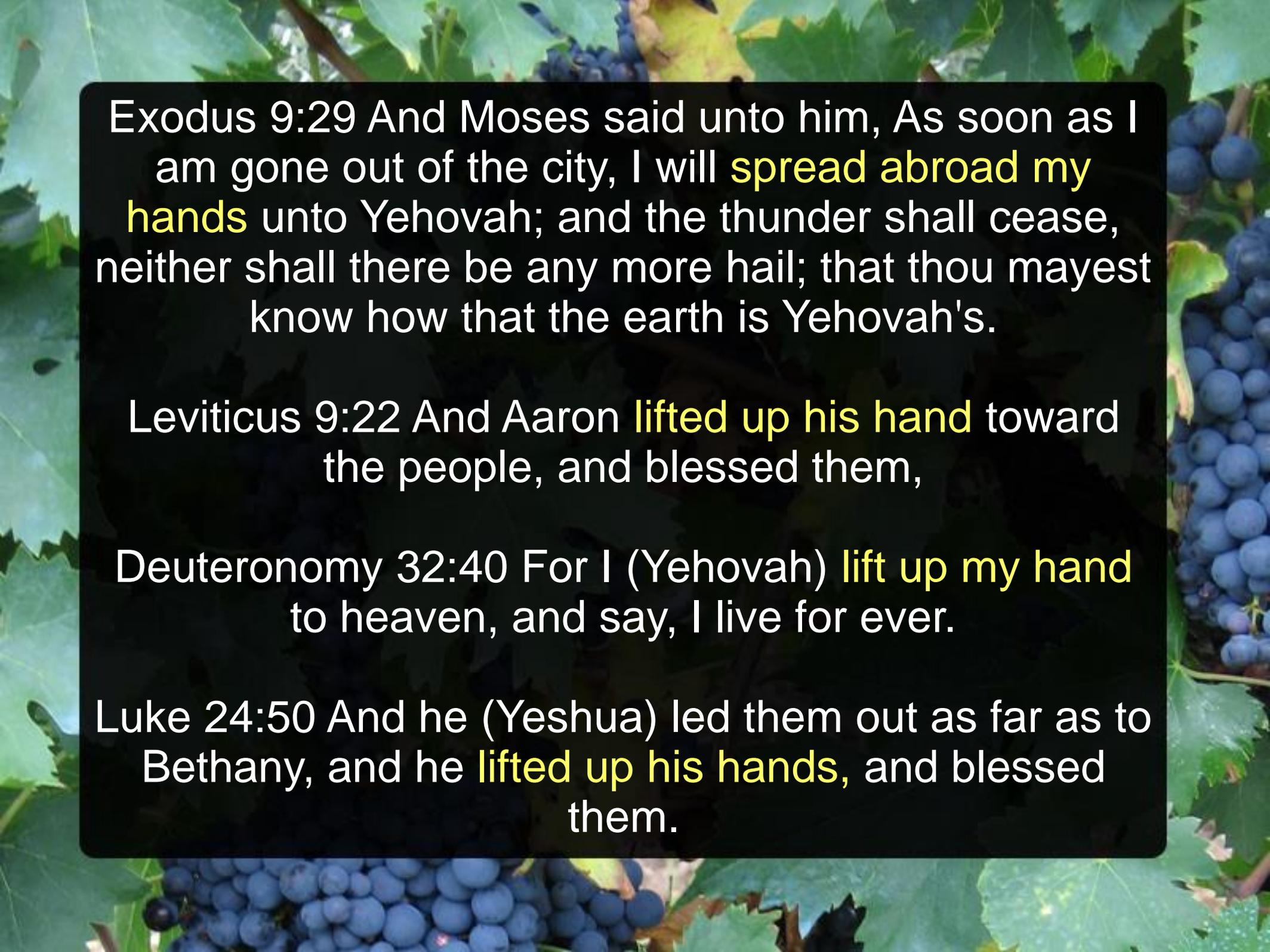
When to Pray

Where to Pray

What to Pray



Hands Lifted Up - 147x
Lying Prostate - 131x
Kneeling - 27x

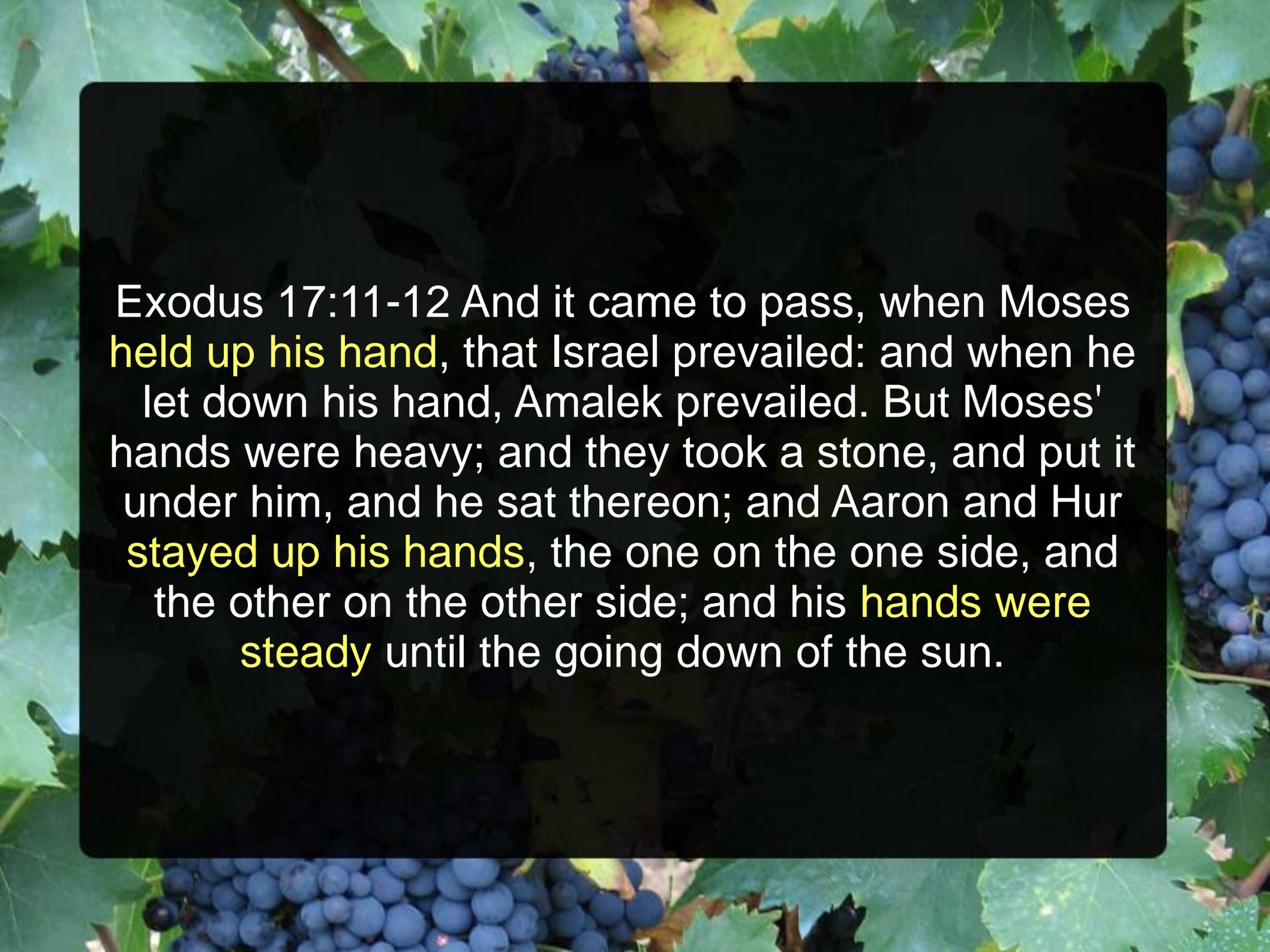


Exodus 9:29 And Moses said unto him, As soon as I am gone out of the city, I will **spread abroad my hands** unto Yehovah; and the thunder shall cease, neither shall there be any more hail; that thou mayest know how that the earth is Yehovah's.

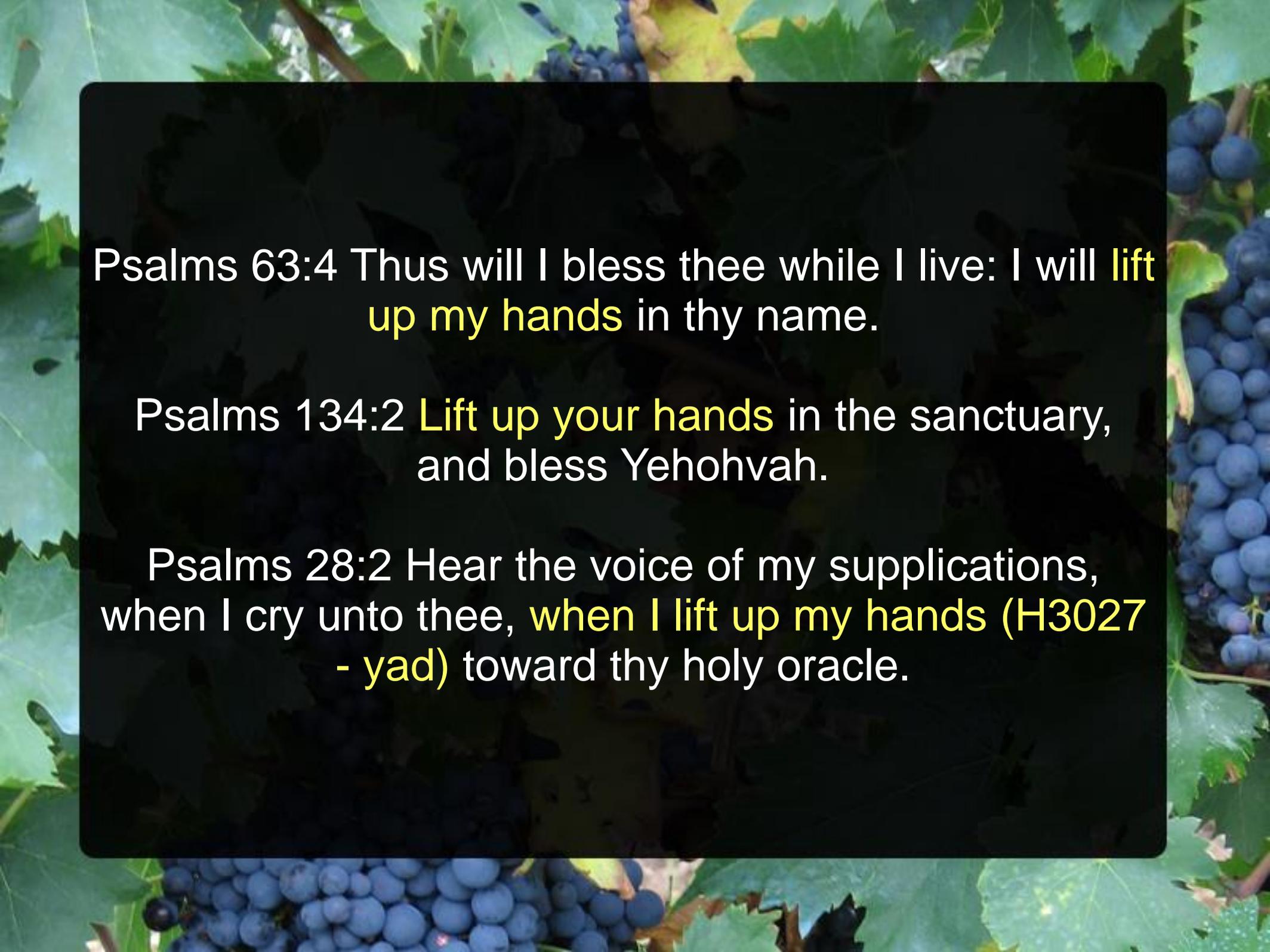
Leviticus 9:22 And Aaron **lifted up his hand** toward the people, and blessed them,

Deuteronomy 32:40 For I (Yehovah) **lift up my hand** to heaven, and say, I live for ever.

Luke 24:50 And he (Yeshua) led them out as far as to Bethany, and he **lifted up his hands**, and blessed them.



Exodus 17:11-12 And it came to pass, when Moses **held up his hand**, that Israel prevailed: and when he let down his hand, Amalek prevailed. But Moses' hands were heavy; and they took a stone, and put it under him, and he sat thereon; and Aaron and Hur **stayed up his hands**, the one on the one side, and the other on the other side; and his **hands were steady** until the going down of the sun.



Psalms 63:4 Thus will I bless thee while I live: I will **lift up my hands** in thy name.

Psalms 134:2 **Lift up your hands** in the sanctuary, and bless Yehohvah.

Psalms 28:2 Hear the voice of my supplications, when I cry unto thee, **when I lift up my hands (H3027 - yad)** toward thy holy oracle.

Strong's H3034 - yadah

יָדָה *yādâh*, yaw-daw'; a primitive root; used only as denominative from H3027, **hand** literally, to use (i.e. hold out) the hand; physically, to throw (a stone, an arrow) at or away; especially to revere or worship (with extended hands); intensively, to bemoan (by wringing the hands):—cast (out), (make) confess(-ion), praise, shoot, (give) thank(-ful, -s, -sgiving).

(1) to profess, to confess; perhaps properly, to show or point out with the hand extended; from the idea of the hand being cast forth, i.e. extended

I. to throw, shoot, cast

A. (Qal) to shoot (arrows)

B. (Piel) to cast, cast down, throw down

C. (Hiphil)

i. to give thanks,., laud, praise

ii. to confess, confess (the name of God)

D. (Hithpael)

i. to confess (sin)

ii. to give thanks

53x Praise

32x Give Thanks

16x Confess

5x Thank

2x Make Confession

2x Thanksgiving

1x Cast

1x Cast Out

1x Shoot

1x Thankful

1Chronicles 16:8

Give thanks H3034 unto Yehovah, call upon his name, make known his deeds among the people.

Raise your hands H3034 unto Yehovah, call upon his name, make known his deeds among the people.

Genesis 29:35

And she (Leah) conceived again, and bare a son: and she said, Now will I praise H3034 Yehovah: therefore she called his name Judah (Yahudah); and left bearing.

And she conceived again, and bare a son: and she said, Now will I extend my hands H3034 to Yehovah: therefore she called his name Judah; and left bearing.

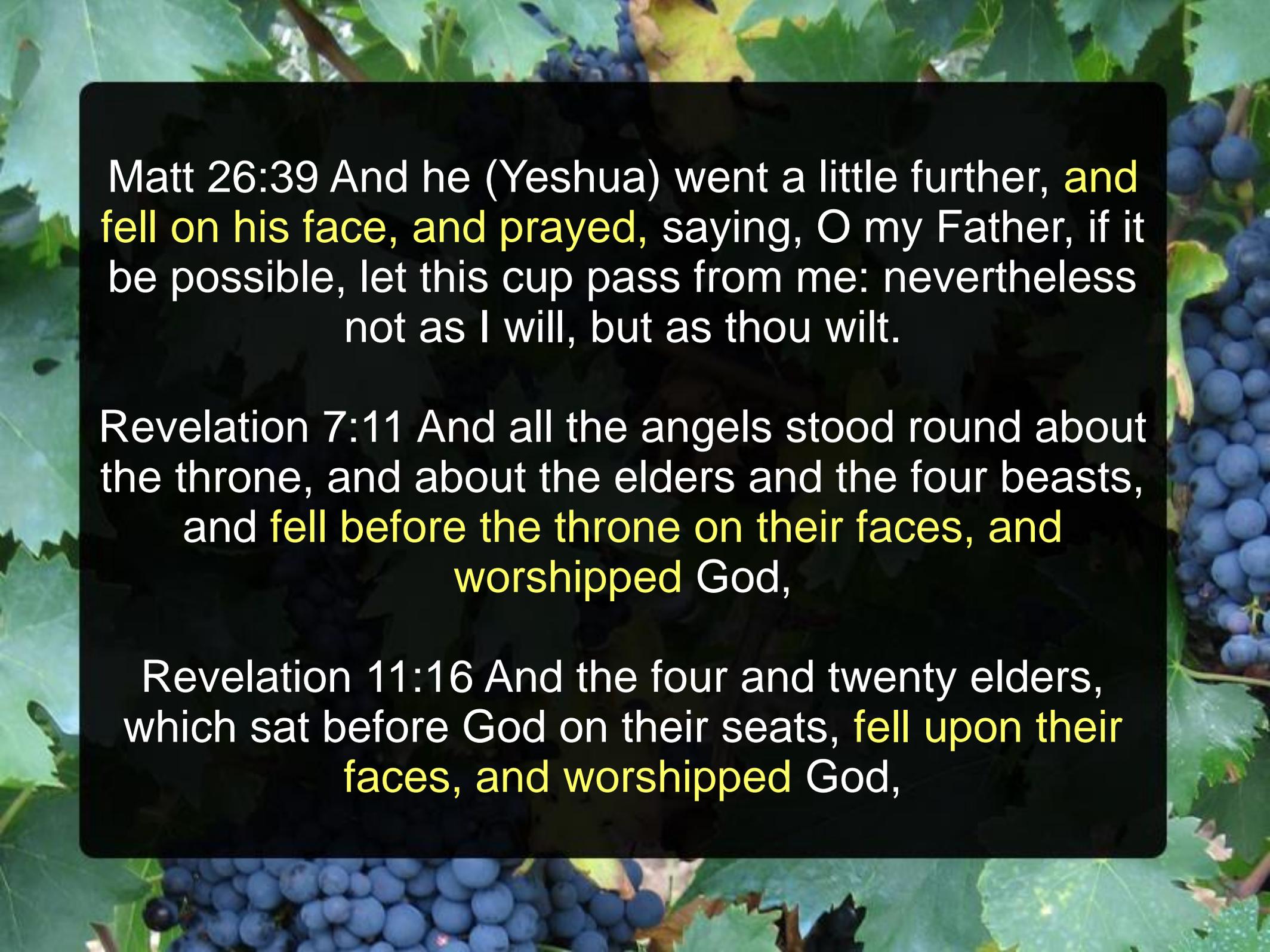
Note the progression from **Yad to Yadah to Yahudah**

Heave and Wave Offerings



Approaching the King

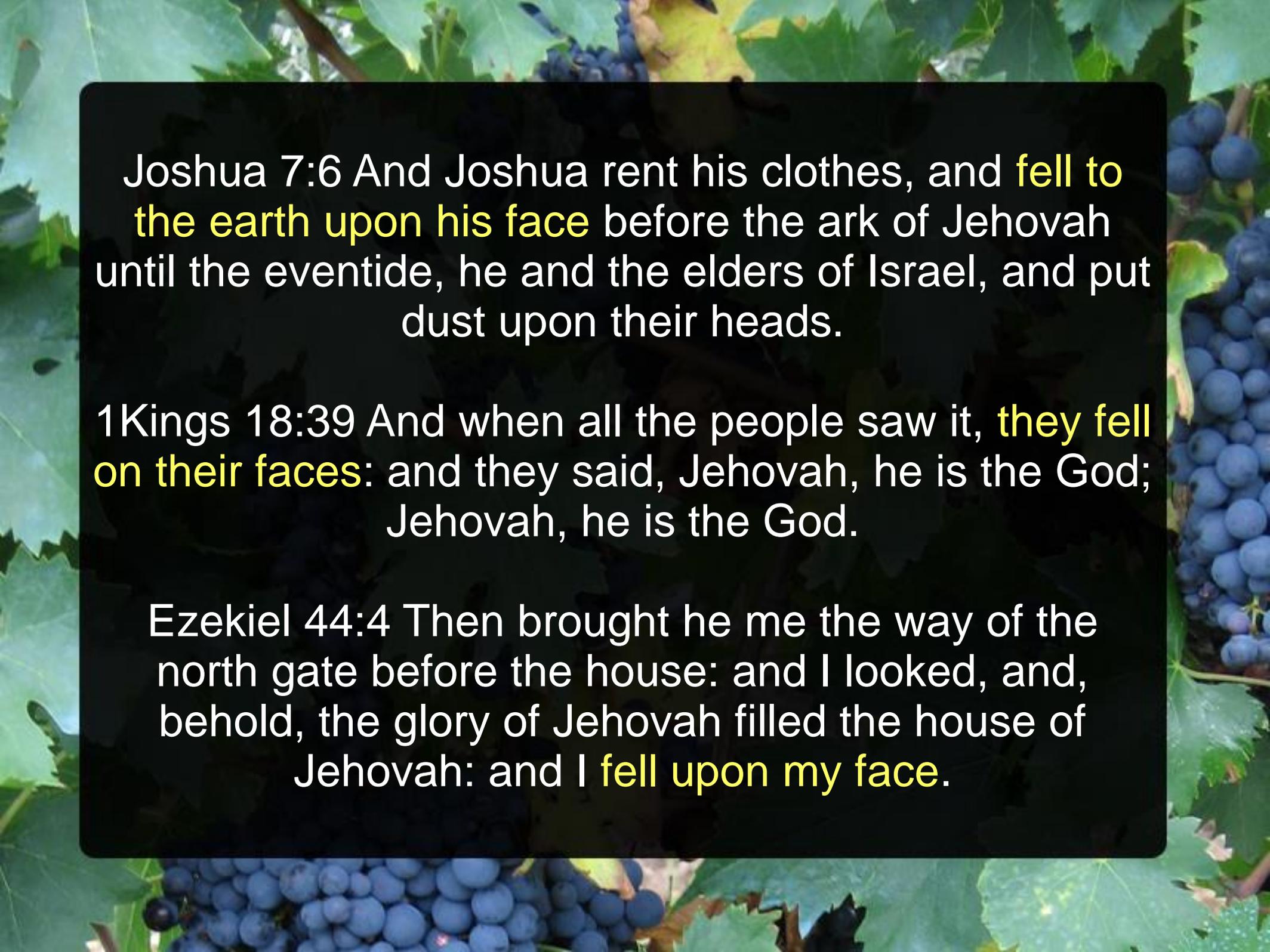




Matt 26:39 And he (Yeshua) went a little further, **and fell on his face, and prayed**, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt.

Revelation 7:11 And all the angels stood round about the throne, and about the elders and the four beasts, **and fell before the throne on their faces, and worshipped God,**

Revelation 11:16 And the four and twenty elders, which sat before God on their seats, **fell upon their faces, and worshipped God,**



Joshua 7:6 And Joshua rent his clothes, and **fell to the earth upon his face** before the ark of Jehovah until the eventide, he and the elders of Israel, and put dust upon their heads.

1Kings 18:39 And when all the people saw it, **they fell on their faces**: and they said, Jehovah, he is the God; Jehovah, he is the God.

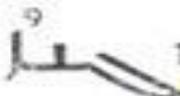
Ezekiel 44:4 Then brought he me the way of the north gate before the house: and I looked, and, behold, the glory of Jehovah filled the house of Jehovah: and I **fell upon my face**.

Approaching the King



2Chronicles 7:14 If my people, which are called by my name, shall humble (H3665 - kana`) themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

כָּנַע kâna', kaw-nah'; a primitive root; properly, to bend the knee: hence, to humiliate, vanquish:—bring down (low), into subjection, under, humble (self), subdue.

כָּנַע unused in Kal, TO BOW THE KNEE, to fall on one's knees (kindred to כָּרַע, which see); a widely extended root, see γόνυ, γυυ (in γυυπετεῖν), genu, &nie; [“ Sanscr. ganu”] γωνία, ἰγνύα, hollow of the knee; Aram. כָּנַע,  to bow down, and, with the

Genesis 24:52 And it came to pass, that, when Abraham's servant heard their words, he **worshipped (H7812 - shachah) Yehovah, bowing himself to the earth.**

שָׁחָה **shâchâh**, shaw-khaw'; a primitive root; to depress, i.e. prostrate (especially reflexive, in homage to royalty or God):—bow (self) down, crouch, fall down (flat), humbly beseech, do (make) obeisance, do reverence, make to stoop, worship.

Exodus 4:31 And the people believed: and when they heard that Yehovah had visited the children of Israel, and that he had looked upon their affliction, then they **bowed their heads and worshipped.**

Exodus 34:8 And Moses made haste, and **bowed his head toward the earth, and worshipped.**

Hands Lifted Up - 147x
Lying Prostrate - 131x
Kneeling - 27x

53x Praise
32x Give Thanks
16x Confess
5x Thank
2x Make Confession
2x Thanksgiving
1x Cast
1x Cast Out
1x Shoot
1x Thankful

Nehemiah 8:6 And Ezra blessed Yehovah, the great Elohiym. And all the people answered, Amen, Amen, with **lifting up their hands: and they bowed their heads, and worshipped (kneeled down to) Yehovah with their faces to the ground.**



What I Want to Discuss

Who to Pray to - The Father

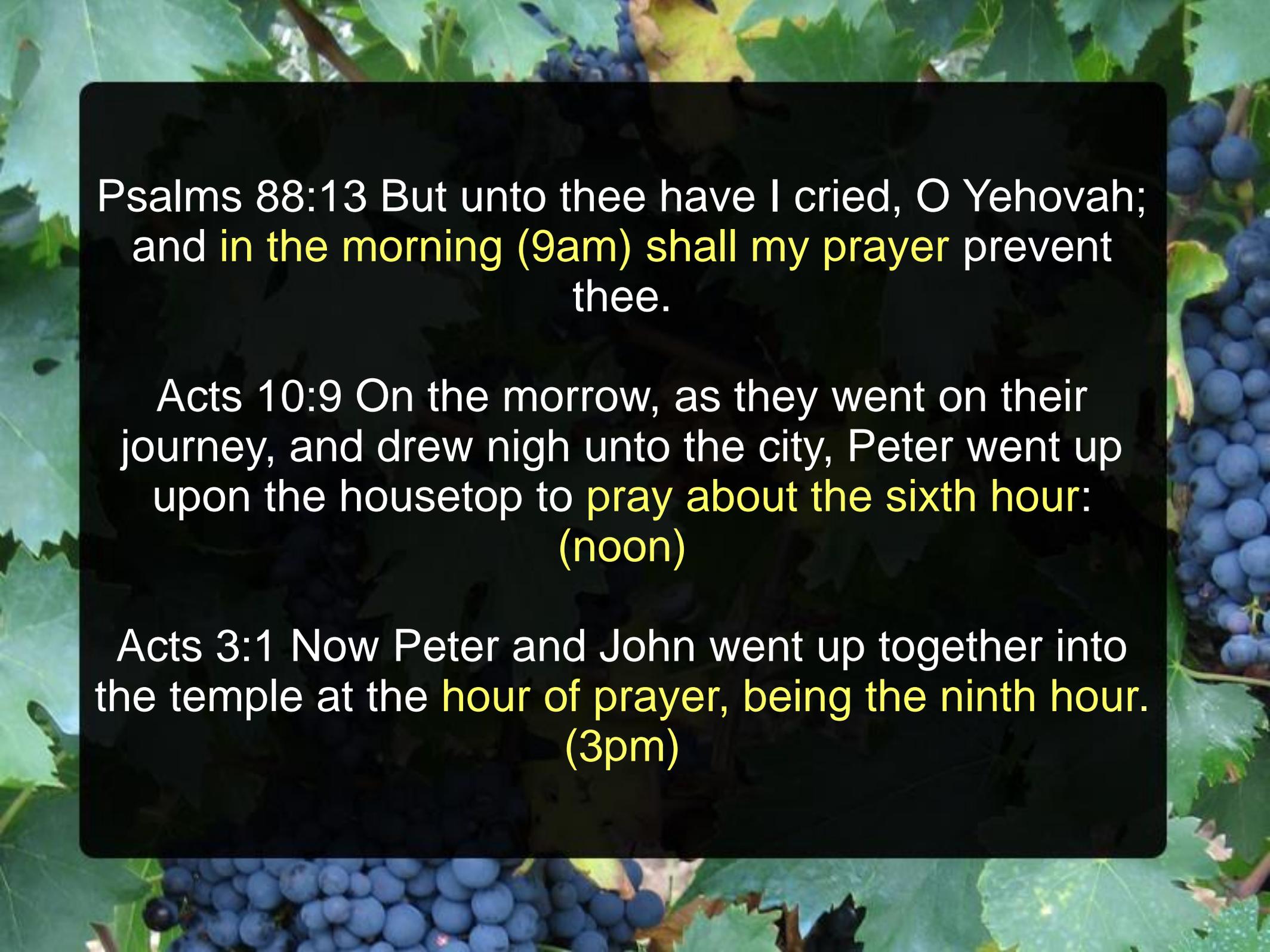
Why to Pray - It Works

How to Pray - Posture

When to Pray - 9am, Noon, 3pm

Where to Pray

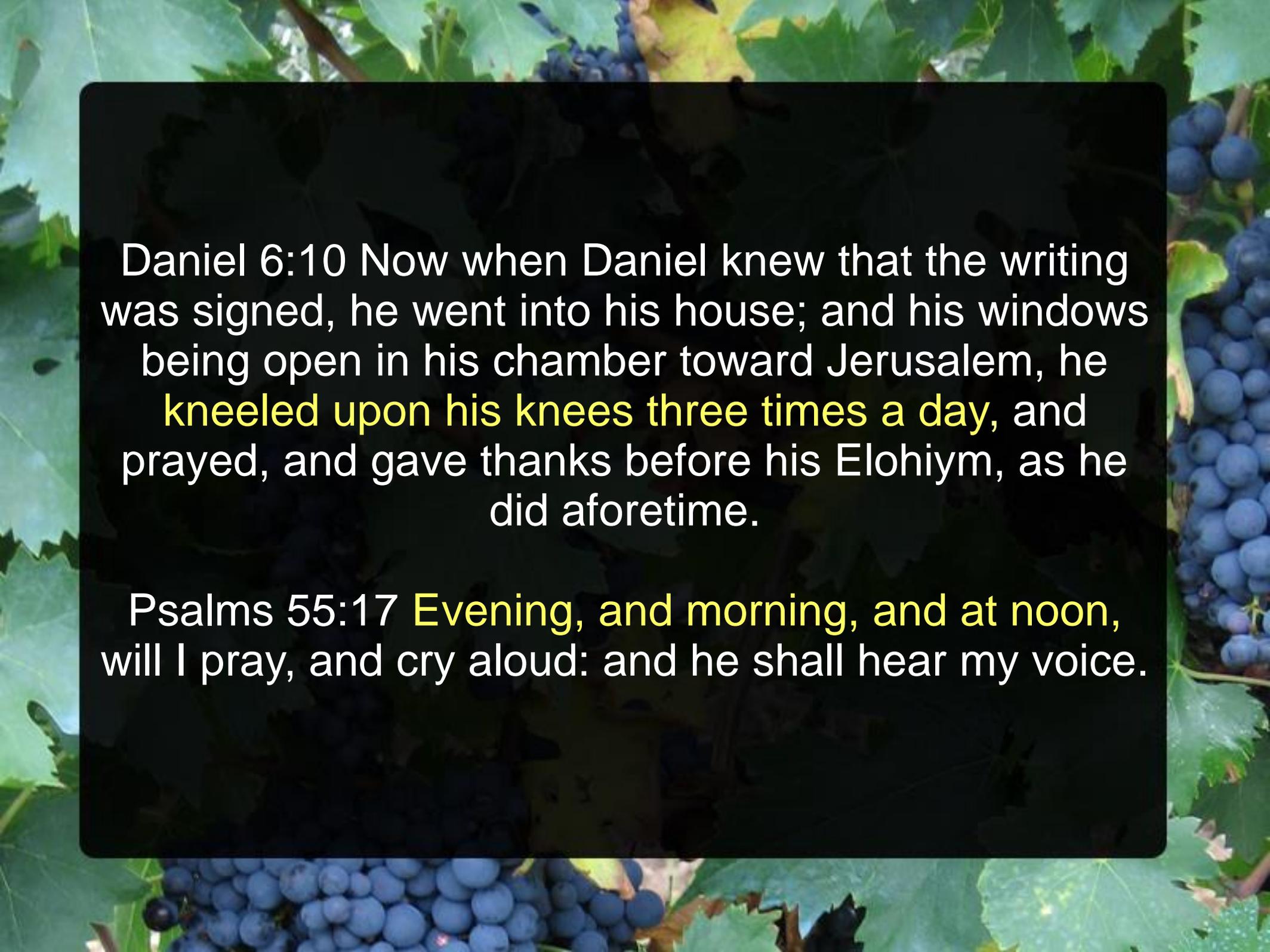
What to Pray



Psalms 88:13 But unto thee have I cried, O Yehovah;
and **in the morning (9am) shall my prayer** prevent
thee.

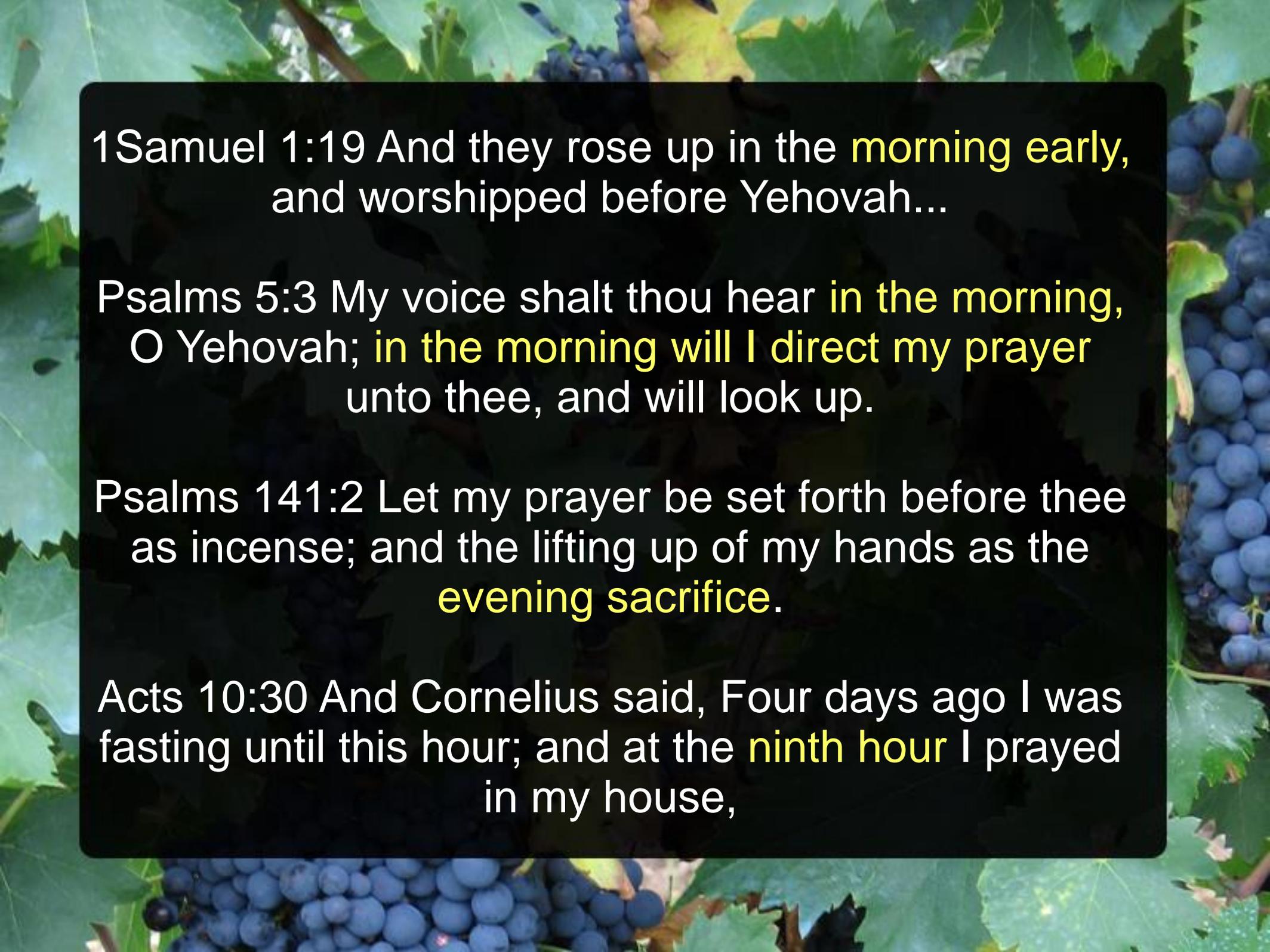
Acts 10:9 On the morrow, as they went on their
journey, and drew nigh unto the city, Peter went up
upon the housetop to **pray about the sixth hour:**
(noon)

Acts 3:1 Now Peter and John went up together into
the temple at the **hour of prayer, being the ninth hour.**
(3pm)



Daniel 6:10 Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he **kneeled upon his knees three times a day**, and prayed, and gave thanks before his Elohiym, as he did aforetime.

Psalms 55:17 **Evening, and morning, and at noon**, will I pray, and cry aloud: and he shall hear my voice.

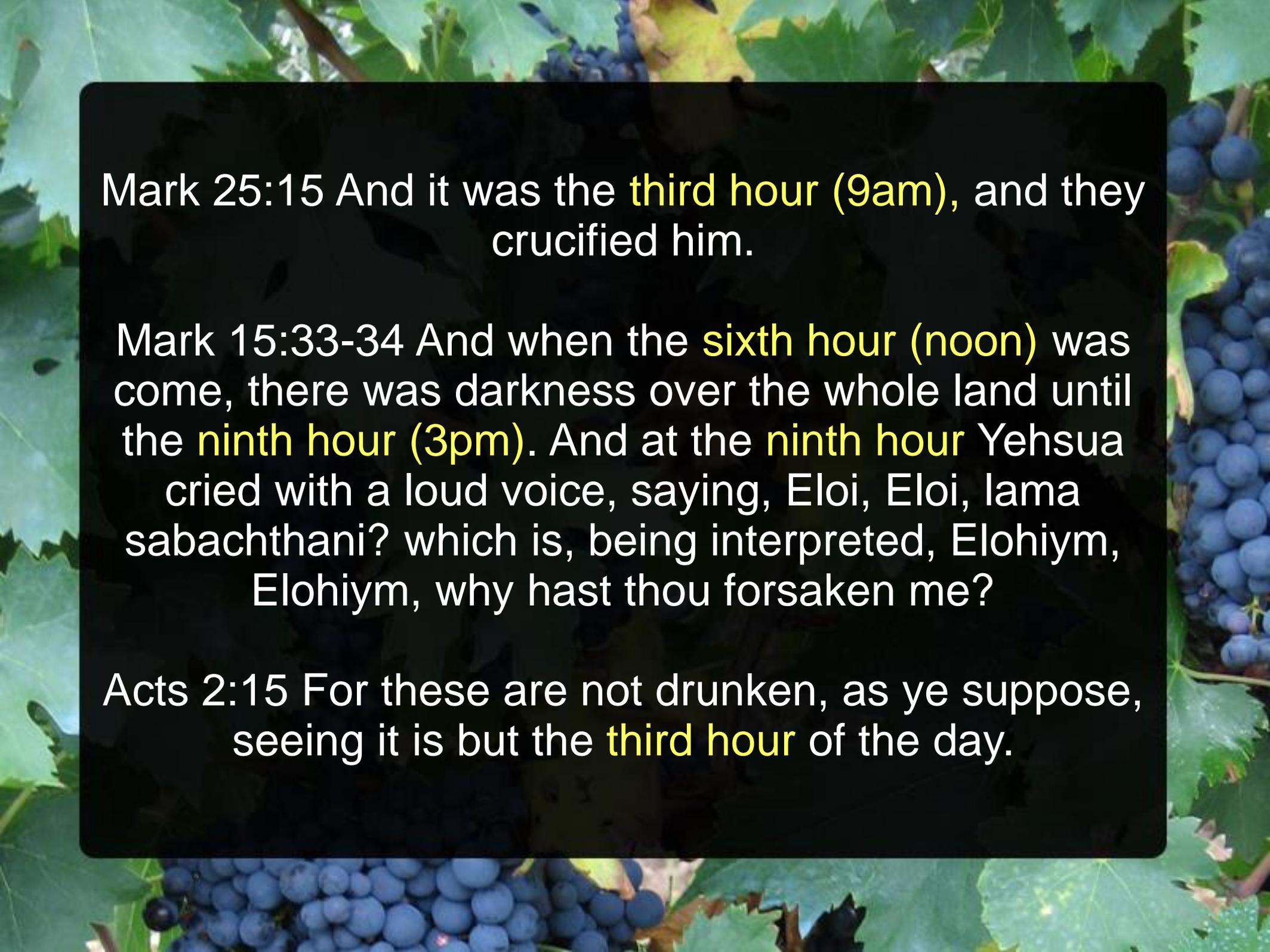


1 Samuel 1:19 And they rose up in the **morning early**,
and worshipped before Yehovah...

Psalms 5:3 My voice shalt thou hear **in the morning**,
O Yehovah; **in the morning will I direct my prayer**
unto thee, and will look up.

Psalms 141:2 Let my prayer be set forth before thee
as incense; and the lifting up of my hands as the
evening sacrifice.

Acts 10:30 And Cornelius said, Four days ago I was
fasting until this hour; and at the **ninth hour** I prayed
in my house,



Mark 25:15 And it was the **third hour (9am)**, and they crucified him.

Mark 15:33-34 And when the **sixth hour (noon)** was come, there was darkness over the whole land until the **ninth hour (3pm)**. And at the **ninth hour** Yehsua cried with a loud voice, saying, Eloi, Eloi, lama sabachthani? which is, being interpreted, Elohiym, Elohiym, why hast thou forsaken me?

Acts 2:15 For these are not drunken, as ye suppose, seeing it is but the **third hour** of the day.

Parable of the Workers in the Vineyard

Matthew 20:3-7 And he went out about the **third hour**, and saw others standing idle in the marketplace, And said unto them; Go ye also into the vineyard, and whatsoever is right I will give you. And they went their way. Again he went out about the **sixth** and **ninth hour**, and did likewise. And about the **eleventh hour** he went out, and found others standing idle, and saith unto them, Why stand ye here all the day idle? They say unto him, Because no man hath hired us. He saith unto them, Go ye also into the vineyard; and whatsoever is right, that shall ye receive.



What I Want to Discuss

Who to Pray to - The Father

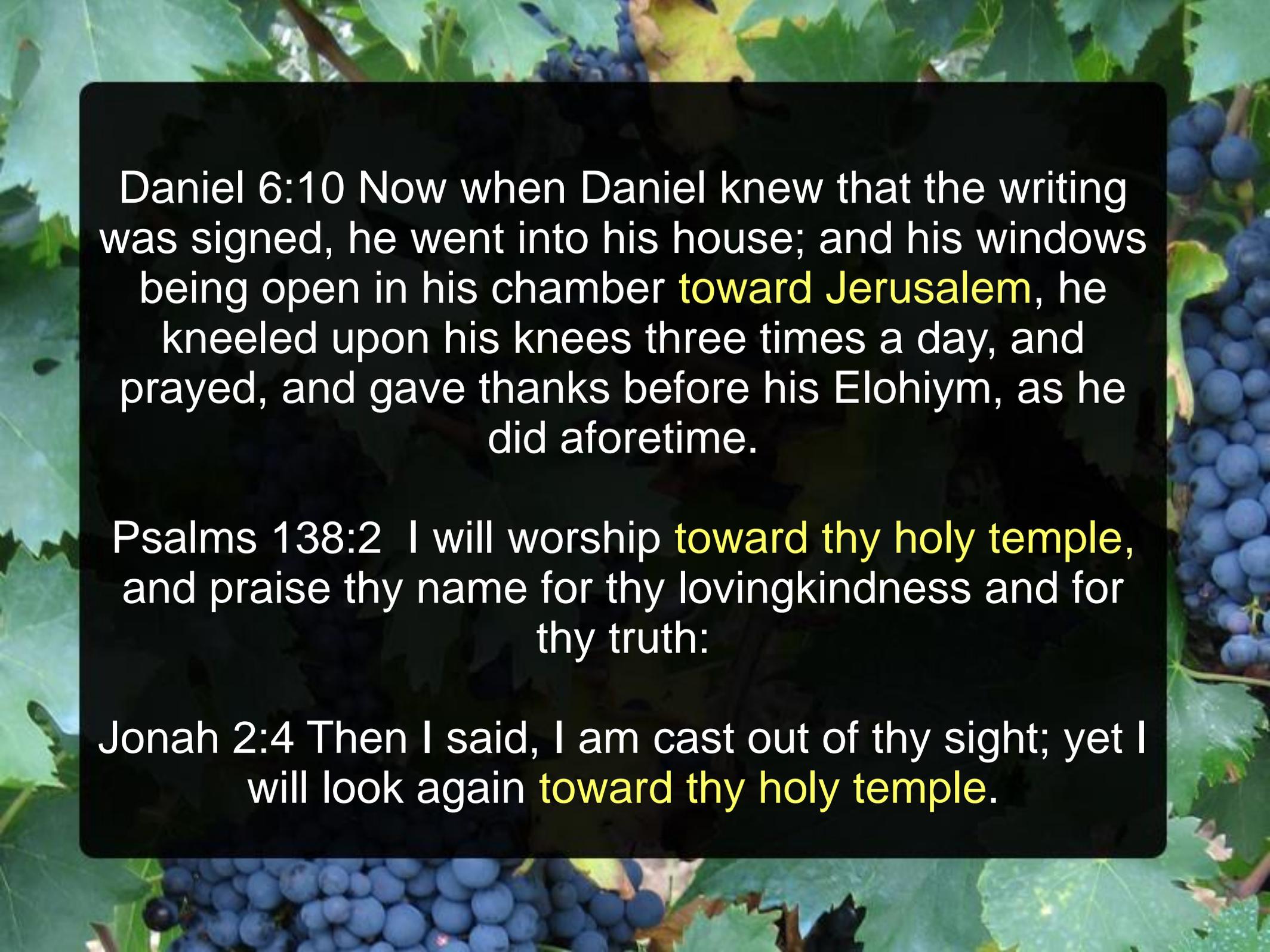
Why to Pray - It Works

How to Pray - Posture

When to Pray - 9am, Noon, 3pm

Where to Pray - **Towards Jerusalem/Temple**

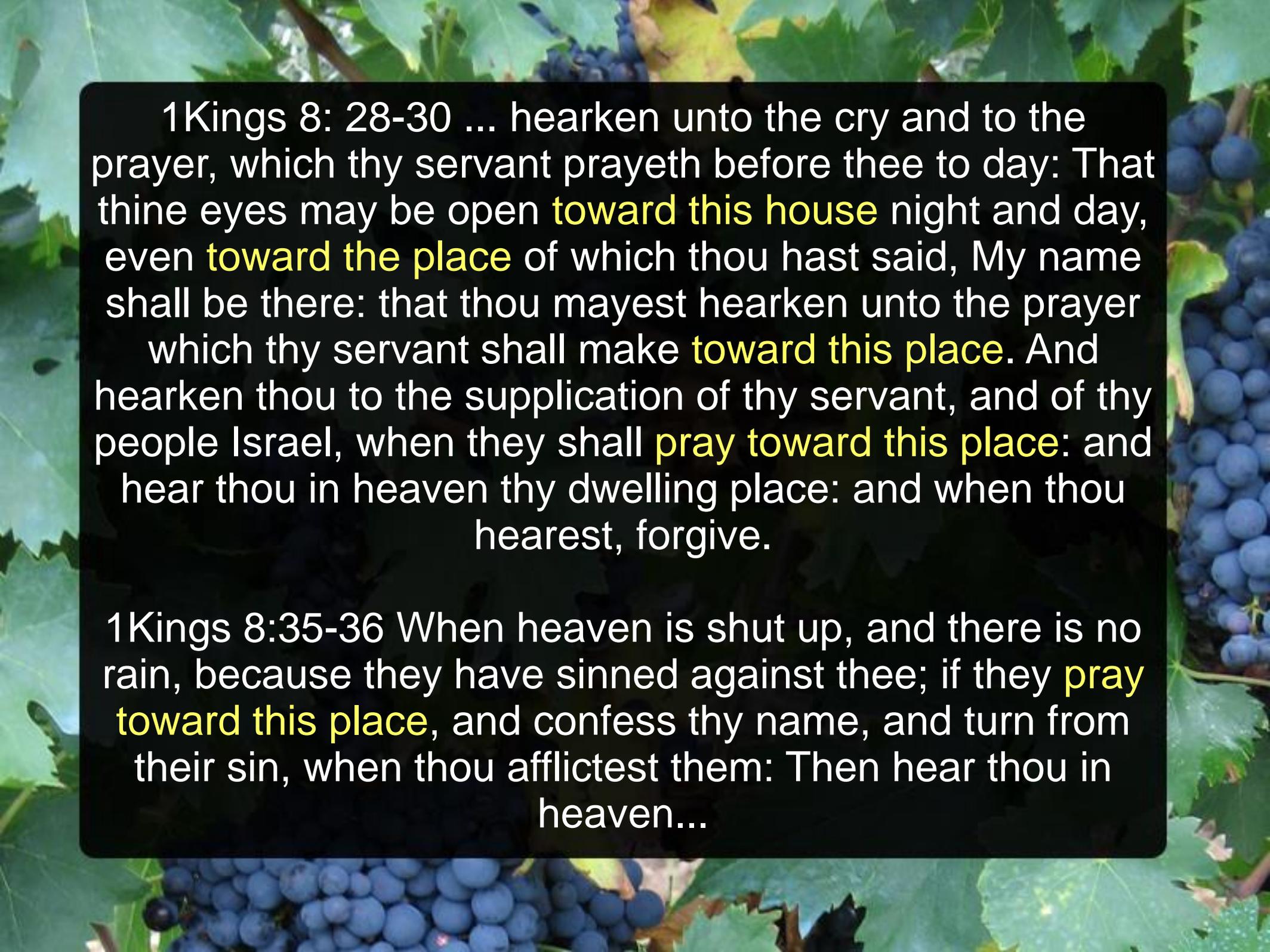
What to Pray



Daniel 6:10 Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber **toward Jerusalem**, he kneeled upon his knees three times a day, and prayed, and gave thanks before his Elohiym, as he did aforetime.

Psalms 138:2 I will worship **toward thy holy temple**, and praise thy name for thy lovingkindness and for thy truth:

Jonah 2:4 Then I said, I am cast out of thy sight; yet I will look again **toward thy holy temple**.



1Kings 8: 28-30 ... hearken unto the cry and to the prayer, which thy servant prayeth before thee to day: That thine eyes may be open **toward this house** night and day, even **toward the place** of which thou hast said, My name shall be there: that thou mayest hearken unto the prayer which thy servant shall make **toward this place**. And hearken thou to the supplication of thy servant, and of thy people Israel, when they shall **pray toward this place**: and hear thou in heaven thy dwelling place: and when thou hearest, forgive.

1Kings 8:35-36 When heaven is shut up, and there is no rain, because they have sinned against thee; if they **pray toward this place**, and confess thy name, and turn from their sin, when thou afflictest them: Then hear thou in heaven...

Summary

Who to Pray to - The Father

Why to Pray - It Works

How to Pray - Posture

When to Pray - 9am, Noon, 3pm

Where to Pray - Towards Jerusalem/Temple

What to Pray - 'P'raise, 'R'eflect, 'A'sk, 'Y'ield



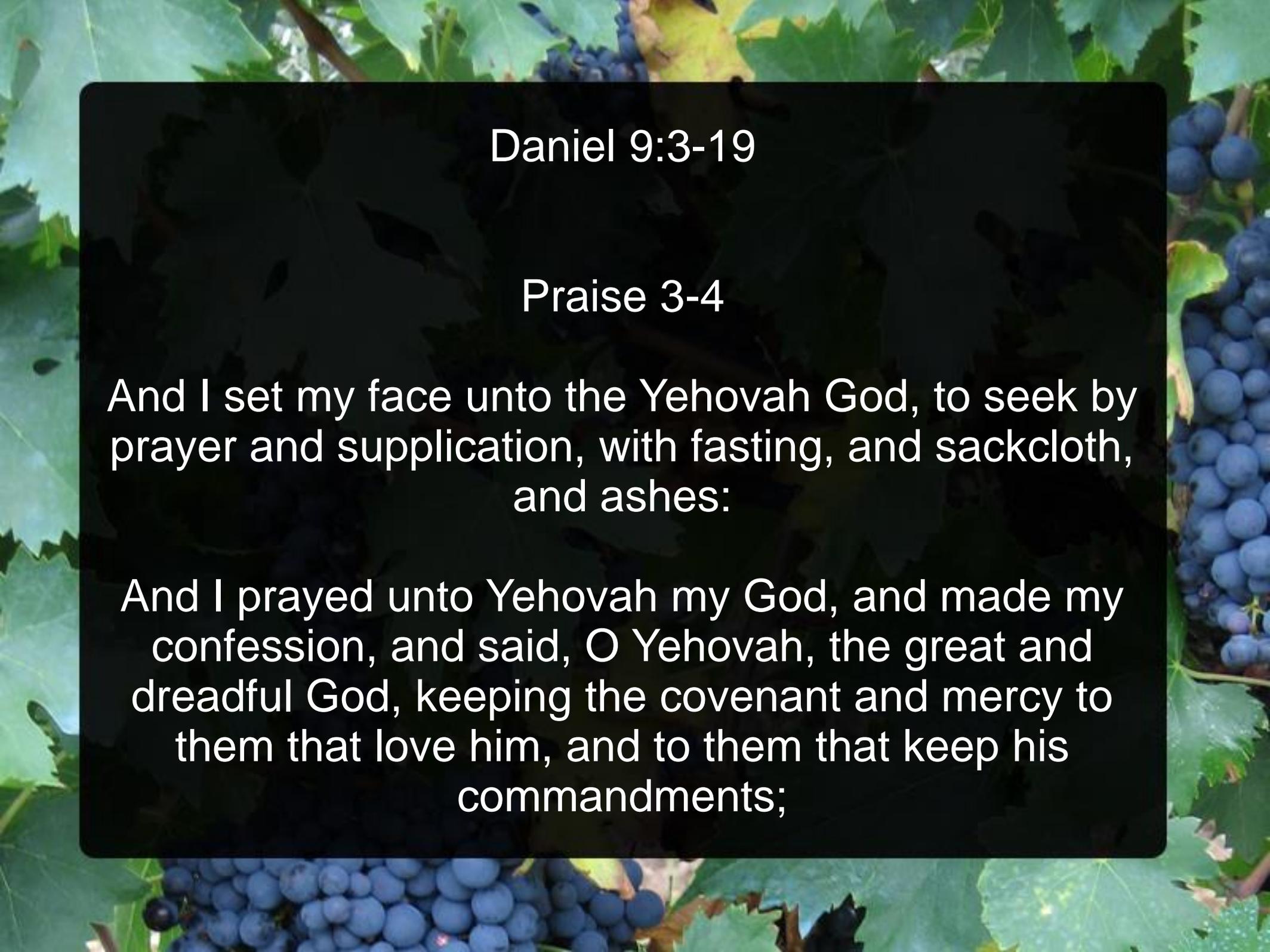
Matthew 6:9-13

Praise: Our Father which art in heaven, Hallowed be thy name.

Reflect: Thy kingdom come. Thy will be done in earth, as it is in heaven.

Ask: Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil:

Yield: For thine is the kingdom, and the power, and the glory, for ever. Amen.



Daniel 9:3-19

Praise 3-4

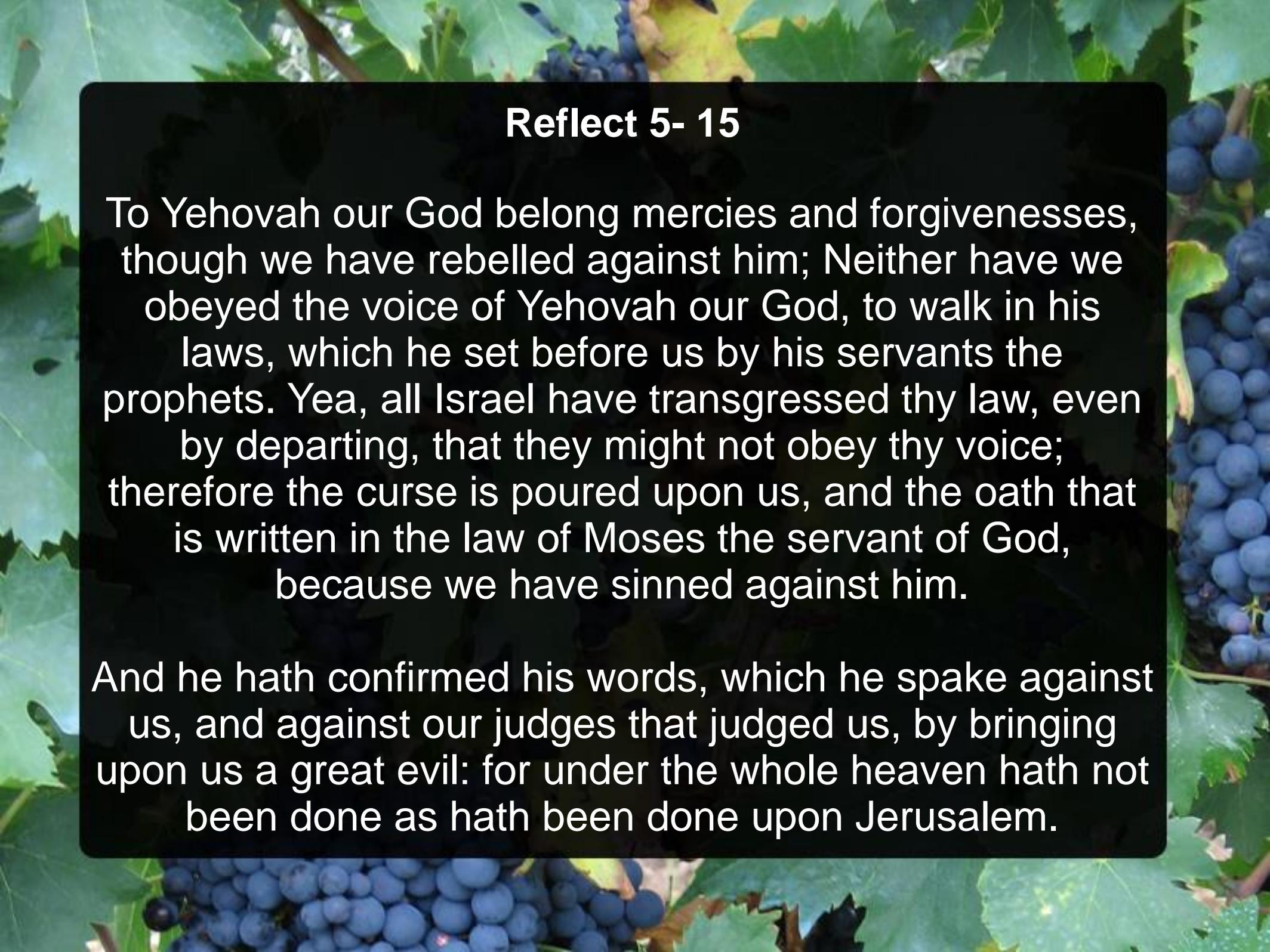
And I set my face unto the Yehovah God, to seek by prayer and supplication, with fasting, and sackcloth, and ashes:

And I prayed unto Yehovah my God, and made my confession, and said, O Yehovah, the great and dreadful God, keeping the covenant and mercy to them that love him, and to them that keep his commandments;

Reflect 5- 15

We have sinned, and have committed iniquity, and have done wickedly, and have rebelled, even by departing from thy precepts and from thy judgments: Neither have we hearkened unto thy servants the prophets, which spake in thy name to our kings, our princes, and our fathers, and to all the people of the land.

O Yehovah, righteousness belongeth unto thee, but unto us confusion of faces, as at this day; to the men of Judah, and to the inhabitants of Jerusalem, and unto all Israel, that are near, and that are far off, through all the countries whither thou hast driven them, because of their trespass that they have trespassed against thee. O Yehovah, to us belongeth confusion of face, to our kings, to our princes, and to our fathers, because we have sinned against thee.



Reflect 5- 15

To Yehovah our God belong mercies and forgivenesses, though we have rebelled against him; Neither have we obeyed the voice of Yehovah our God, to walk in his laws, which he set before us by his servants the prophets. Yea, all Israel have transgressed thy law, even by departing, that they might not obey thy voice; therefore the curse is poured upon us, and the oath that is written in the law of Moses the servant of God, because we have sinned against him.

And he hath confirmed his words, which he spake against us, and against our judges that judged us, by bringing upon us a great evil: for under the whole heaven hath not been done as hath been done upon Jerusalem.

Reflect 5- 15

As it is written in the law of Moses, all this evil is come upon us: yet made we not our prayer before Yehovah our God, that we might turn from our iniquities, and understand thy truth.

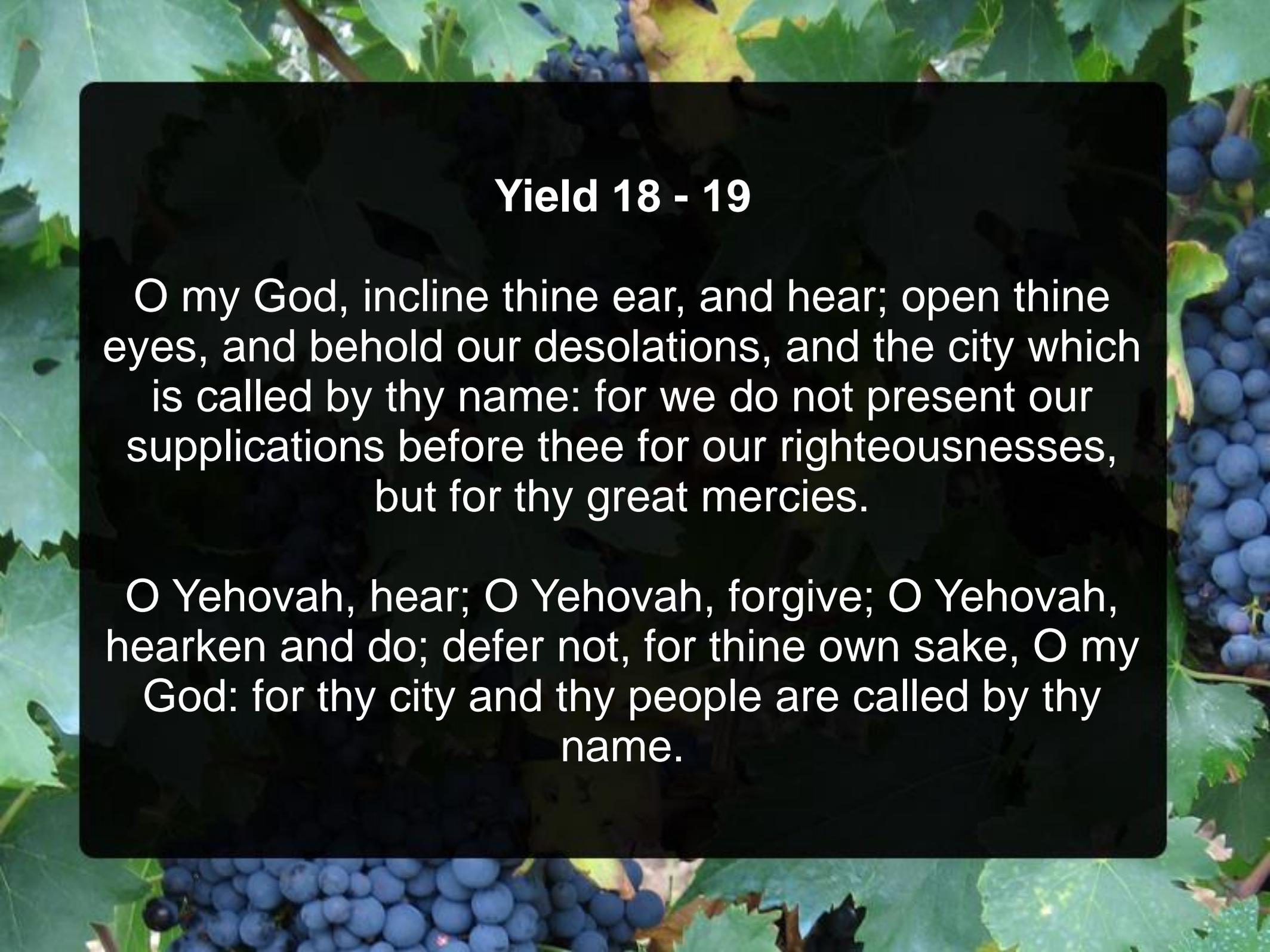
Therefore hath Yehovah watched upon the evil, and brought it upon us: for Yehovah our God is righteous in all his works which he doeth: for we obeyed not his voice.

And now, O Yehovah our God, that hast brought thy people forth out of the land of Egypt with a mighty hand, and hast gotten thee renown, as at this day; we have sinned, we have done wickedly.

Ask 16 - 17

O Yehovah, according to all thy righteousness, I beseech thee, let thine anger and thy fury be turned away from thy city Jerusalem, thy holy mountain: because for our sins, and for the iniquities of our fathers, Jerusalem and thy people are become a reproach to all that are about us.

Now therefore, O our God, hear the prayer of thy servant, and his supplications, and cause thy face to shine upon thy sanctuary that is desolate, for Yehovah's sake.



Yield 18 - 19

O my God, incline thine ear, and hear; open thine eyes, and behold our desolations, and the city which is called by thy name: for we do not present our supplications before thee for our righteousnesses, but for thy great mercies.

O Yehovah, hear; O Yehovah, forgive; O Yehovah, hearken and do; defer not, for thine own sake, O my God: for thy city and thy people are called by thy name.

Thank You

